

Your Roll No.....

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-0703(i)
Name of the paper : Game of Specialization: Athletics
Semester : I-December-2024

Duration: 3 Hours

Maximum Marks: 50 Marks

Instructions for students

- Write your Roll No. on the top right side Immediately on the receipt of this question paper)
- Attempt any five questions. All questions carries equal marks.

- Q1. Write historical development of athletics in Ancient Olympics Games. 10
- Q2. Enlist the technique of Long Jump. Explain in detail the Step technique of Long Jump. 10
- Q3. Explain in detail the technique of Discus event. 10
- Q4. Explain in detail the Organizational Structure of World Athletics. 10
- Q5. Calculate and draw an 400m track with a given straight distance of 79 meters. 10
- Q6. Prepare and explain general training programme for beginners. 10
- Q7. Explain in detail about the general Causes and remedies of injuries in Athletics. 10
- Q8. Write short notes on any two of the following : 5x5=10
- a. Victory stand.
 - b. First Aid.
 - c. 4x400m relay race
 - d. Qualities required for sprinter.
